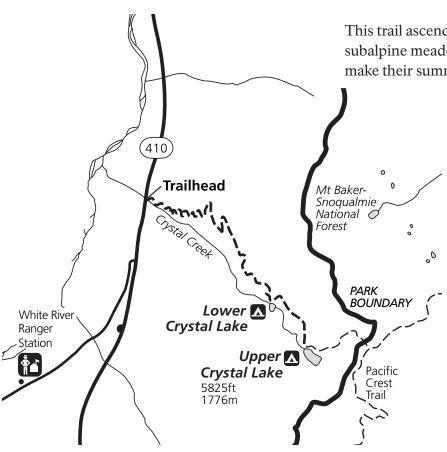
Mount Rainier National Park

National Park Service
U.S. Department of the Interior



Crystal Lakes



This trail ascends through forest with views of Mount Rainier, subalpine meadows, and mountain lakes. Elk and mountain goats make their summer home in this area.

Stay on trails. Do not pick flowers.
Carry the "10 Essentials" and
Leave No Trace of your visit.
Pets and bicycles are not allowed
on park trails.
Do not feed or approach wildlife.
Use a topographical map.

Permit required for wilderness camping.

Trail Description



Round-trip Distance: 6.3 miles (10.1 km)

Elevation Gain: 2300 feet (701 m)

Hiking Time Round-trip: 3 hours

Difficulty Level: Moderate

Trailhead: The trailhead is located on SR 410 approximately 4 miles (6.4 km) north of Cayuse Pass toward the north park boundary. It is on the east side of the road near Crystal Creek.

Along the Trail

By late July and early August the meadows explode with a wide variety of colorful subalpine wildflowers. Watch for elk and mountain goats grazing on the surrounding slopes and ridges anytime throughout the summer and early fall.